WHAT ARE CAROTENOIDS?

Carotenoids are natural pigments our bodies can't make on their own, therefore we need to obtain them from our diet. There are over 600 carotenoids in nature, but humans only consume about 50. Only three of these carotenoids accumulate in the retina: Lutein, Zeaxanthin and Meso-Zeaxanthin. These powerful antioxidants play a crucial role in supporting the macula from oxidative stress by absorbing harmful blue light and neutralizing free radicals.[5] Key dietary sources of carotenoids include brightly colored fruits and vegetables, dark leafy greens and egg yolks.



SUPPORT YOUR VISION

The average person consumes only one to two milligrams of macular carotenoids daily.[6] While there is not a defined Recommended Daily Value for macular carotenoids, studies of healthy individuals[7] and the human diet through evolution[8] show that 20–25 mg of macular carotenoids is an appropriate daily goal.

Research has shown that 22 mg of Lutein, Meso-Zeaxanthin and Zeaxanthin in a 10:10:2 ratio increases macular pigment density, which supports eye health and visual function.

MacuHealth®+

with Micro-Micelle™ Technology

(866) 704-0845

info@macuhealth.com

Use this code for a discount on your first order:

Nutrition you can see

SUPPLEMENT FACTS

Serving Size: 4 Softgels, Servings Per Container: 90

Amount Per Serving			% DV
Calories		15	
Total Fat		1 g	1%**
Vitamin C	(as Ascorbic Acid)	500 mg	556%
Vitamin E	(as D-Alpha-Tocopherol)	268 mg	1787%
Zinc	(as Zinc Oxide)	25 mg	227%
Copper	(as Cupric Oxide)	1.2 mg	133%
Lutein (L)		10 mg	†
Meso-Zeaxanthin (MZ)		10 mg	†
Zeaxanthin (Z)		2 mg	†

** Percent Daily Values (DV) are established on a 2,000 calorie diet
† Daily Value (DV) not established

Other Ingredients: Sunflower Oil, Gelatin Capsule (Gelatin, Glycerin, Purified Water, Caramel Color), Marigold Flower Extract, Yellow Beeswax, Sunflower Lecithin, Ascorbyl Palmitate, D-Alpha-Tocopherol Acetate.

Directions: Take 4 softgels daily, preferably with a meal.

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These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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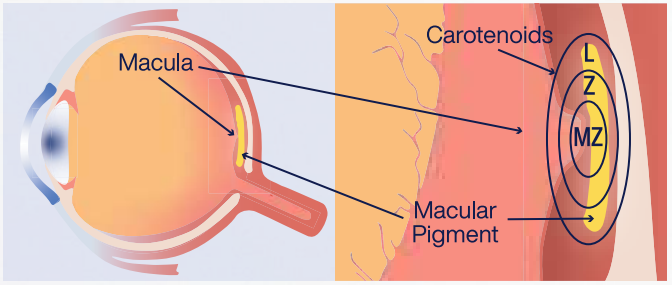


MacuHealth®+

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MACULAR PIGMENT

The macula is a small but important part of the retina, located at the back of the eye. It is responsible for detailed central vision, which allows you to recognize faces, read fine text, and appreciate the rich colors of the world. Three potent antioxidants called carotenoids, Lutein (L), Zeaxanthin (Z) and Meso-Zeaxanthin (MZ), are found in high concentration in the macula. Together, they are collectively known as macular pigment.



THE BENEFITS OF HIGH MACULAR PIGMENT

Protects Against Oxidative Stress

The carotenoids of macular pigment are antioxidants protecting the sensitive cells in the retina from oxidative damage caused by light exposure and metabolic activity.[1]

Enhances Visual Function

Studies have shown that higher macular pigment density is associated with improved contrast sensitivity,[2] better vision in glare and low light conditions.[3]

Internal Blue Light Filter

High-energy blue light from sunlight and digital devices is absorbed by macular pigment,[4] as illustrated in Figure 1. It is our own internal blue light filter protecting our central vision.



THE AGING EYE

Over a lifetime, our eyes work extremely hard to provide us with good vision. The aging process can make the cells in the retina more vulnerable to light and oxidative stress. This can result in blurry and dull central vision, inability to adapt to low light conditions and decreased contrast sensitivity. MacuHealth+ contains powerful antioxidants that help to decrease the oxidative stress and support the aging eye.

SUPPLEMENTATION IS KEY

Supporting a healthy diet and lifestyle with a carotenoid supplement, particularly one that contains all three macular carotenoids, has been shown to increase macular pigment density,[7] the eye's main defense against oxidative stress. Supplementation is key to keeping your macular pigment at a healthy level.

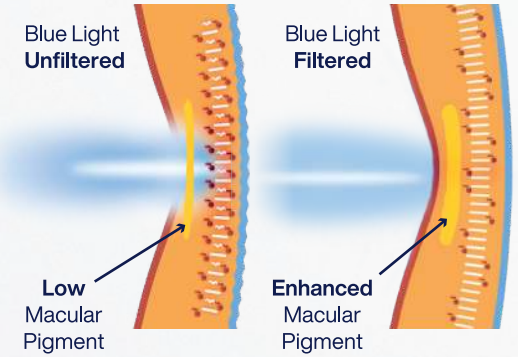


Figure 1: An Illustration of how macular pigment filters blue light.

DOCTOR RECOMMENDED

MacuHealth+ contains all three macular carotenoids in a 10:10:2 ratio of Lutein, Meso-Zeaxanthin and Zeaxanthin, with added antioxidants in the form of Zinc, Vitamin C and Vitamin E for the aging eye. The ingredients in MacuHealth+ have been studied in numerous clinical trials and found to increase macular pigment density, leading to improved contrast senistivity and better vision in glare and low light conditions.



THIRD PARTY TESTED

Every batch of MacuHealth+ is tested by independent, third party labs to ensure it meets label claims and remains safe and stable throughout its shelf life. In addition, the 25 mg of Zinc in MacuHealth+ is well below the National Institutes of Health's daily tolerable limit of 40 mg.

Ask your doctor how MacuHealth+ can help!

Learn more at
MacuHealth.com

