

Danville Optometric Eye Clinic
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Rigid Gas Permeable (RGP) Contact Lens Care Instructions

Rigid gas permeable are different than other contacts as they breathe more oxygen and are more deposit resistant than all other type of lenses. There are unlimited variations and they can be custom designed into any size, curve, diameter designed. They are truly customizable to any one's eyes.

To clean the lenses, we recommended using Boston Advance Cleaner and Conditioner. There is no generic. Do not use off name brands as they will not clean as well.

Upon removal, place enough Boston Advance cleaner (maroon colored cap) to fill the lens entirely. Then using your pinky finger, gently rub the lens in the palm of your hand for about 10 seconds. This will remove any excessive protein or deposits during daily usage.

Place the lens between your fingers and rinse with high quality tap water. In our area, EBMUD has excellent water. Be sure to plug the sink and cover the drain with a face towel or paper towel. This will prevent the RGP if it slips out of your hand lodging in the metal drain and then cracking upon removal. Out of the bay area, if the water quality is poor or well water, then use bottled water.

Store the lens in the provided case and fill halfway with Boston Advance Conditioning solution. This is the blue cap. This solution coats the lens and prevents it from drying and make the lens smooth and comfortable to wear. If you drop the lens rinse it again with water and then just add conditioning solution. This solution can also be placed in the eye.

In the morning, insert the lenses and rinse the case with water and let air dry.

Ortho-K patients follow the same instructions except patients do this after removal in the morning as opposed to the evening.

Replace your storage case once a month to avoid infection of the lenses.

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